

Prayer Activity for Children (and anyone else who wants to! 😊)

During times like this, when we can't see our friends and family like we'd like to, there are still lots of ways we can stay in touch – video chat, phone calls and even doing things together on the internet.

But years ago, before mobile phones, before the internet even, there was way of staying in touch that many people used – writing a letter!

So, for our prayer activity this week why don't you grab some paper and something to write with and write a prayer letter to God?

If you'd like some help in what to write you could use the good old "teaspoon" method of:

T = THANK YOU – tell God what you're thankful for. Even though things are hard, we still have things we can be thankful for! 😊

S = SORRY – is there anything you need to say sorry for? We all do things wrong at times, so you're not the only one! But it's good to recognise when do, and to say sorry

P = PLEASE – what would you like to ask God for or to do? There is so much we could ask God for, especially at the moment, and God wants us to be honest with Him. He won't give us all we ask for all the time, but it's still good to ask and to wait for God to do what He knows is best, even if that feels hard to us sometimes.

The letter can be as long or short as you want, and when you're done you could maybe stick or hang it up somewhere to remind you about what you're praying for 😊

If you have a printer you can print out and use the template on the next page:

Dear God...

My name is

and I live with

I want to say THANK YOU for

God, I'm SORRY about

Lord, PLEASE

Yours is the kingdom, the power and the glory,

AMEN