

Useful Contacts

Children & Young People

NSPCC..... 0808 800 5000
Childline for children(24hr).. 0800 1111
for concerned adults..... 0808 800 5000
Young Minds..... 0808 802 5544
(mental health for children)

Despair & Depression

The Samaritans (24hr)..... 116 123
Cruse..... 0844 477 9400
(bereavement care)
Papyrus HOPEline..... 0800 068 4141
(young suicide prevention)

Home & Relationships

Family Lives (parenting).... 0800 800 2222
NAPAC 0808 801 0331
(for people abused in childhood)
Relate..... 0300 100 1234
(relationships counselling)

Housing & Food

No Second Night Out..... 0300 123 2041
Charles Thompson Mission 0151 647 7303
The Ark..... 0151 649 0111
Forum Housing (24hr)..... 0800 234 6007

Mental Health

Anxiety UK..... 0844 477 5774
MIND..... 0300 123 3393
No Panic..... 0844 967 4848
OCD Action.....0845 390 6232

Older People

Age UK Advice Line..... 0800 169 2081
Alzheimer's Society..... 0800 222 1122
Action on Elder Abuse..... 0808 808 8141
The Silver Line (24hr)..... 0800 470 8090

Other

Alcoholic's Anon. (24hr).... 0800 917 7650
BEAT Eating Disorders..... 0345 634 1414
MENCAP(learning disability)0808 808 1111
NHS Advice Line..... 111
Wirral Social Services..... 0151 677 6557

Safety

Emergency Service 999
Rape Crisis..... 0808 802 9999
Refuge (24 hr)..... 0808 200 0247
Victim Support..... 0808 168 9111
Wirral Women's Refuge..... 0151 643 9766

West Kirby URC

Safeguarding Co-Ordinator
Sarah Jackson
Synod Safeguarding Officer
Malcolm Evans
Minister
Rev. Louise Franklin